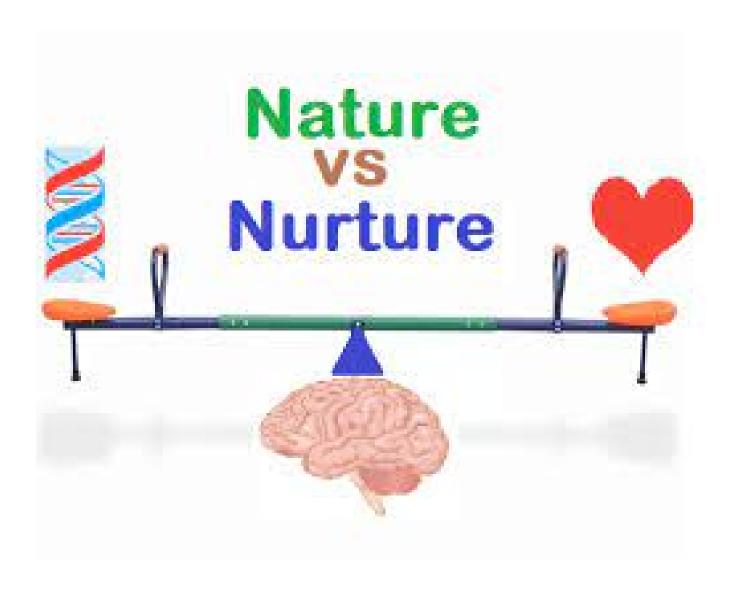
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The 'Nature' vs 'Nurture' debate is a topic in Sociology that is widely discussed by scientists. Some scientists argue that it is the environment that shapes us, others claim that it is in our genes. Over time, scientists from all over have claimed differently. In this essay, I will discuss both the Nature and Nurture side of the debate following my opinion on how both contribute to how we are shaped.

Continuing on, we will look at the Nature side of the debate. "The Nature Theory takes things a step further to say that more abstract traits such as intelligence, personality, aggression, and sexual orientation are also encoded in an individual's DNA." (Sociology EHS, n.d.) Genes and heredity information can impact the way we behave because of certain sensory and tissue formations. This is because we may inherit a so-called habit from our parents that could impact the way we behave. A child for instance may suffer from mental health issues because of an inherited gene. These issues could cause a change in behavior.

Next we take a look at the Nurture side of the debate. "A study in New Scientist suggests that sense of humor is a learned trait, influenced by family and cultural environment, and not genetically determined." (Sociology EHS, n.d.) Some scientists even believe that humans are formed by the environment. "One example of an empiricist theory within psychology is Albert Bandura's social learning theory. According to the theory, people learn by observing the behavior of others." (verywellmind, n.d.) Nowadays, playing video games is one of the only things most youngsters do during their free time. Some of which are violent. Games like pubG mobile and free fire are very graphic games that could potentially impact a child in a negative way. In some cases causing a child to become violent as well.

When talking about human shaping, I believe both nature and nurture contribute equally. "Genes determine certain human characteristics, such as eye and hair color and the incidence of genetic diseases. However, most human traits, including life expectancy, height, and weight, have both an environmental and genetic component." (online.maryville.edu, n.d.) When referring to myself, I have a lot of genes that contribute to the way I function, like multitasking. It was never thought to me how to multitask however I believe its inherited from my relatives. Growing up, I always had an educational environment. Everything around me was educational. I never had a tv. Instead, I would read books. This has led me to the point where I am now a freshman in highschool at only 13 years old and already taking university courses as well. These are all ways the environment contributes to human shaping. In these examples, I used myself to describe how both nature and nurture contribute to the way a human functions. Studies performed on twins have also proven that twins who were separated at birth tend to still have that telepathic connection. This is part of the nature side of the debate.

To Conclude, it has been proven that both nature and nurture contribute to human development. In one study on twins it has proven that they were able to have a telepathic connection which was able to be accomplished through the nature side of the debate. Another scientist has proven that human development comes from the environment. I believe that both contribute equally to human shaping. Most likely, scientists will keep forming new conclusions based on their experiments tested.

Reference Page:

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By Kendra Cherry Updated on June 03, 2020

Medically reviewed by David Susman, PhD

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